



## La Vie Continue

BY MATTI GELLMAN

*"I was on the metro when the attacks occurred very close to where the shootings took place. My metro was evacuated and... the street was blocked off... metro stops were quickly shutting down."*—CSH alumna Hannah Fagin

Friday, November 13th, approx. 9:25 CET, the city of lights was brought to its knees. Watching the hysteria unfold through waves of social media and news broadcasts, the world stood with the people of Paris, voicing their support through prayers and hashtags. Most were not there, but 2013 CSH graduate Hannah Fagin was.

Hannah was oblivious to the attacks until she arrived at her friend's apartment and turned on the news. Lying awake until 3am, she watched as France declared a state of emergency for the second time in their history and the lights of the Eiffel Tower went dark. It was not until Sunday



Graffiti art in Paris directly after the terrorist attacks on Friday, November 13th.

Photo Credit: Hannah Fagin

that it was deemed safe for Hannah and her friend to leave the apartment. That very morning, they took the metro once more, except this time to the Place de la République just a block away from the attacks. Here it was that Hannah said she felt most safe, sharing the grief of all those in mourning,

and offering comfort. "It was inspiring to see how many people were on the street and at République showing solidarity to the victims," Hannah stated. 129 people were killed in the Paris attacks with 352 left injured making it the most deadly terrorist attack in French history. Today most know too well

the fear that terrorism can instill in people. Most may not witness it first-hand, but many are confronted with it every day by the plethora of journalists living in the depths of Iraq and Syria. That fear is very real. Hannah explained that invoking this fear and interrupting one's daily life is the goal of terrorism.

She recounted: "One thing that I heard... all of the time these past few weeks is 'la vie continue' which means life continues in English."

Marc Gellman, a relative of the writer, once said that pain is the body's response to what happens to you and suffering is how you deal with that pain. The French will not suffer. They will not live in fear. Just two days after the attacks the French were roaming the streets, lighting the city that had gone dark with candles, and the morning it was safe to leave the apartment, Hannah was riding the metro.

Therein lies the secret. What the terrorists will never understand and why they will never win. We "La vie continue" is a phrase that is easily said but hard learned. November 13th was not a day of terror, but a day of resilience. Needless to say, Paris will never be the same, and neither will the world which surrounds it. But that is not the point of "la vie continue." In life everyone has battles to fight, but one can never go back, one can only continue.

## The Gowns: The Debate

**Updated at time of printing.  
OFFICIAL STATEMENT:  
MR. MATUK CONFIRMS  
TRADITIONAL BLUE AND  
WHITE THIS YEAR AND ONE  
COLOR (EITHER BLUE OR  
BLACK) NEXT YEAR.**

BY SARAH KOPP

As school president, Tim Sherlock eloquently puts it, "change in general is always controversial." If there's one thing many students at Cold Spring Harbor have heard a lot about recently, it's probably the topic of graduation gowns. It seems to be on everyone's mind lately, and for a good reason: it appears as though there's no perfect answer.

For those readers who are unfamiliar with this debate, it's actually quite a simple concept. Some people in the school have politely questioned why it is that graduating seniors wear different colored robes; blue for boys, white for girls. This question has grown into the bigger one of why not change the graduation robes to be one color, regardless of gender? It just so happens that there are people who both want this change to happen, and those who do not want the graduation robes to be changed, just like any proper debate.

Some feel that the robes being one single col-

or could signify a sense of unity amongst the student body. As Ms. Waters stated, it could bring a "strong sense of solidarity" amongst Cold Spring Harbor graduates. Additionally, for those students who are questioning their gender identity, having a single robe color could be extremely comforting. For them, not all people identify with the gender they were assigned at birth, either male or female; some people prefer to be acknowledged as neither, or a different gender than they were born with. Having one graduation robe color means that these students feel they can be more comfortable on graduation day, without having to worry about how the color of the robe they're wearing correlates to a gender they may not feel they are. Some feel that making this change would therefore make the community seem more "progressive and accepting."

It is a Cold Spring Harbor tradition to have boys wear blue robes and girls wear white robes.

Many students find it disrespectful to break this tradition. Other students feel that there comes a sense of pride and community with having graduation gowns that match that of family members and/or other alumni that have graduated from Cold Spring Harbor. In addition to there being students who are on either side of this debate, there are also students who just don't really have much of an opinion on the matter. For them, they wonder what's really in a color.

Presently, Student Government has been working hard to try and discuss the issue. They recently met to "evaluate all sides of the argument and represent a cross-section of opinions in a more controlled environment," said Tim Sherlock. The administration also had seniors fill out a survey so they would be able to see where everyone stands on the topic. Seniors also discussed the graduation gowns in their social studies classes recently. Mr. Matuk said the most important thing is that this is carried out "in a respectful way, so that everyone can feel comfortable voicing their opinion." As Tim Sherlock said, it's crucial to "make people on both sides feel understood." Until a decision is agreed upon, it is important to remember that every one's voice matters in this topic, and that all students should feel like they are able to discuss the issue in a comfortable environment.

## Seahawks Spread Their Wings

BY KATIE HUDSON

November 12, 2015, the day that ensured seven Seahawks' futures as not only athletes, but also as students. Seven student-athletes signed their National Letter of Intent (NLS), which is a binding document that announces a student-athlete's commitment to play for the NCAA at the collegiate level.

It was an exciting and honorable day for both the athletes and coaches. Continuing to play a sport at the Division 1 level is an astonishing accomplishment. "Cold Spring Harbor is very fortunate to have so many fantastic student-athletes; colleges and universities will benefit from these girls and what they will bring

to their programs," commented Mike Bongino, District Director of Athletics.

Five students will be playing lacrosse, one will be playing soccer, and one will be playing softball. Sabrina Ordierno will be attending Colgate University to play softball and Lauren Spinnato will be attending Binghamton University to play soccer. Katie Hudson, Samantha DeBellis, Shannon Logan, Caroline Kiernan, and Ashley Lynch will all be playing lacrosse. Katie Hudson will be attending Georgetown University, Samantha DeBellis Duke University, Shannon Logan Johns Hopkins University, Caroline Kiernan George Washington University, and Ashley Lynch University of Louisville.



Photo Credit: Mr. Bongino

From left to right: Lauren Spinnato (Soccer, Binghamton University), Sabrina Odierno (Softball, Colgate University), Caroline Kiernan (Lacrosse, George Washington University), Lauren Paolano (Lacrosse, Washington & Lee University), Katie Hudson (Lacrosse, Georgetown), Ashley Lynch (Lacrosse, Louisville University), Shannon Logan (Lacrosse, Johns Hopkins University), and Sam DeBellis (Lacrosse, Duke University)

# School News



Photo Credit: Brittany McGowan



Photo Credit: Brittany McGowan

## Learning About True Heroes

BY COLLEEN CURRY

Veteran's Day is a time to honor America's heroes; those that have protected this country even though they may have been risking their lives. For ten years, CSH has been honoring these heroes by hosting assemblies for students on the day before Veteran's Day. This year, CSH brought in heroes from our own school, including former social studies teacher, Terry Price, and security guard, Butch Jensen. These assemblies took place on the Monday and Tuesday before Vet-

eran's Day in the Junior High Library. All junior high Social Studies classes were invited to attend on Monday, while 11<sup>th</sup> Grade American history classes were invited on Tuesday. Mr. Joseph Monastero and the Cultural Arts Committee were in charge of organizing the assembly for the school. Mr. Monastero highlights the value of this event, saying, "It's important for students to learn from people with real world experience in recent conflicts. You often just hear news from broadcasters, but these veterans vividly describe what actually hap-

pened through their eyes." The Veterans that attended our school shared information about serving in the military that the history books don't describe. The honorable men present were: Daniel Ahmed, Reverend William Bartoul, Howard Blackmore, Bob Blake, Bruce Brenner, Joe Caccioppo, Don Dziomba, John Geiss, Richard Girololini, Sam Hoenig, Butch Jensen, Paul Kelly, Timothy Kraus, Barbara Kruse, Bill Ober, Terry Price, and William Vita. One veteran served as a chaplain, or clergyman officially attached to a branch of the military,

for over twenty-five years. He informed students of the duties that a chaplain has, including the fact that chaplains are similar to the press during times in war, as they are not to be harmed by either side. Other veterans that participated included communication experts, general infantry men, tank operators, and those trained in special ops. This assembly serves an importance to students, veterans, and staff members. Mrs. Victoria Terenzi shared that, "It helps students to understand the roles of soldiers in the war, as well as

in society. This assembly is important because it puts a live face to history, and it's a wonderful primary source." She is glad that CSH offers this experience for the veterans, because of the opportunity that it gives them to share their personal experiences about the war, as well as giving them the chance to educate and inspire the younger generations. Cold Spring Harbor was honored to have spent time with these heroes, and thanks each and every one of them for their time and honorable service to our country.

## Spotlight: Mr. Santoli

BY COLLEEN CURRY

Staff members who go out of their way to make students feel comfortable are often times the unsung heroes of this school. Whether it's on the field, in the classroom, or during a study hall, Mr. Santoli strives to help students in whatever way he can. The Putnam native is no stranger to academic pressure, and explained that he never took an advanced placement course. If there is one thing students at this school should learn from Mr. Santoli, it is that, "the classes you take should not determine your chances of success in life." Mr. Santoli mostly works in the special education department, but during his free periods, he can be found in the Seahawk Suite. While in the Seahawk Suite, he often shares stories or gives advice to students who may need it. This makes him exceptional because he is not afraid to share his honest opinion, helping anyone who may need it. Speaking on his character, Srta. Shiksnel said that, "Mr. Santoli is the type of guy who wants to turn every frown upside down even if he makes himself look silly in the process."

Perhaps the most notable thing that can be said about Mr. Santoli is his ability to socialize with anyone at any time. His positive relationships with his students might be due to his ability to interact with them and talk about anything that might interest them. He frequently utilizes twitter to praise his athletes' and other students' accomplishments. He is able to do this because he attends numerous athletic and school events. Mr. Santoli admits he "really enjoys seeing students excel out of the classroom." His effect goes beyond the reach of the students, as his coworkers have nothing but positive things to say about him. "He is truly one of a kind," Ms. Lauren Spatola shared, "there are no limits he will not go to help a student or coworker." Mr. Ryan Towers said that, "the best way to describe Mr. Santoli is: extraordinarily energetic. He is energetic in everything he does, whether it's teaching or coaching." Mr. Santoli's presence in this school is one most necessary in today's day and age, especially when considering how stressful the school environment has proven to be.

## Smile Train Visit

BY OLIVIA GENOVESE

Smile Train is a non-profit organization that is dedicated to giving cleft palate kids the gift of a lifetime. Making a difference in over eighty-four countries, Smile Train has completed over one-million life-changing surgeries that have provided children with a new smile. Smile Train's CEO, Susannah Schaefer, and Director of Community Relations, Adina Wexelberg-Clouser, recently paid Cold Spring Harbor High School a visit. Visiting Ms. Halloran's Leadership class, Smile Train presented their life-changing mission to students. They discussed how their job has allowed Smile Train to transform into a charity that helps a child in need every five minutes, and how students can work alongside

them to help the organization succeed. Smile Train discussed different ways Cold Spring Harbor can help to raise money and awareness, including bake sales and bracelet sales. Aside from ways to help the charity, students were shown a short documentary that followed Smile Train's one millionth patient's journey to a new smile. The video gave view-

views on the entire process. Christian Gulotta, one of the students who was given the opportunity to view this presentation, recalled that it was "powerful and uplifting, as it showed a life-changing experience." Juliana and Katherine Wells, who are a freshman and a junior at Cold Spring Harbor, brought the idea of raising money for Smile Train to Ms. Halloran last year. The sisters, along with Colin Schaefer, Susannah Schaefer's son, were able to set up a booth at both the Jr. and Sr. High back-to-school nights. The group raised enough money to fund one life-changing surgery. Since then, they have been able to arrange a presentation for the Leadership class and are looking for new ways to help Smile Train.



Photo Credit: Mrs. Halloran

Smile Train's CEO, Susannah Schaefer, and Director of Community Relations, Adina Wexelberg, recently visited Mrs. Halloran's Leadership class. The guest speakers discussed how they help children in need through their non-profit organization

# School News

## AIDS Awareness with Mr. Homer

BY SARAH RUSH

Acquired immunodeficiency syndrome, or what many know as AIDS, is a virus that affects about 36.9 million people worldwide. HIV is the virus that leads to AIDS. They refer to different levels of T-cells. AIDS is when the body has under a 200 T-cell count and HIV is when the virus is present and the T-cell count is over 200. There is currently no cure for HIV or AIDS.

World AIDS day is recognized on December 1<sup>st</sup> as a way to raise awareness around the globe. The hope is for an AIDS-free generation by educating society on how to prevent infection, so that AIDS can eventually be wiped off the face of the Earth.

Mr. Homer, Cold Spring Harbor School District health educator has answered some questions about what readers need to know about the virus and how you can protect yourself.

**Q: As a health teacher, have you ever had a student come to you about HIV or AIDS?**

Yes, about concerns about either being infected, or general questions about the disease, or if they had a relative who had it or passed away from it.

**Q: What are the treatments for HIV or AIDS?**

There are different treat-

ments, such as HAART, for HIV that will try and slow the progression of the disease. This helps people living with the virus live longer and it has made great progress. In the mid 1980s people would live for another 2-5 years after infection and now people are living 15+ years.

**Q: Do you have any personal connections to either disease?**

[I have known people who have had AIDS], including a former co-worker from a past teaching job, who was the first person I knew to have been diagnosed. He opened my eyes to how alone [it can make] some people feel. He changed my life. I volunteered at an AIDS house where they help care for people living with AIDS in the last stages of their lives. I also help run a camp where kids come from parents who were either drug addicts, alcoholics, or who have HIV or died from AIDS. I have dealt with a lot of children who lost people to AIDS.

**Q: What would you want kids to know about the disease?**

The disease can be stopped and nobody has to get it, but it all involves making good decisions. If people abstain from at risk behaviors it will one day be gone. If people can protect themselves during certain behav-

iors it doesn't have to continue. We have to keep the education going. We have to help different countries by providing them with certain supplies and education that will help them not get infected and end the disease. My hope is that people realize this is something that can be prevented.

**Q: How are ways you can prevent yourself from contracting HIV/AIDS?**

Abstaining "not engaging" in at risk behaviors such as injectable drug use, any sexual act where bodily fluids can be passed from one person to another, not touching other people's blood if they have a cut, and the tougher ones, like a mother can pass it to her unborn fetus, or to an infant through breast feeding, which is difficult because some have no way of buying formula. If people are going to participate in "at risk" behaviors, they should get accurate information about how to make the chances of becoming infected lower.

**Q: In the past why was the disease always linked with homosexuality?**

It was referred to as GRID (Gay Related Immune Deficiency) because the first several causes were found in gay men. Doctors thought it was a "gay" disease, until they found it in heterosexual people or even children who got it

through blood transfusions and they realized it wasn't what they thought it was, and in 1982 they changed the name to AIDS. In the mid 80s they found the virus HIV led to AIDS, they were also then able to tell if donated blood was infected.

**Q: What are ways that awareness of the diseases have been spread? Why is it so well known?**

I think at first it was whole fear factor in the early 80's about how you can get it... Gaymen were raising awareness by being activists. One of the main figures of AIDS was a boy named Ryan White who got it through a blood transfusion and all the kids at school would [bully him], call him "gay," and write horrible things on his locker and many celebrities, such as Elton John and Michael Jackson got involved to say that's not fair and raised awareness. Princess Diana also got involved which really helped to raise the awareness.

AIDS is such an important disease because it is preventable and yet it still goes on. It really does change a person's life. The world had such terrible stereotypes and treated people like they were toxic, and it was really cruel. Everyone should treat people with HIV/AIDS with kindness and compassion. Everyone can do their part to end it.

## 2016: A New Year

BY BRIDGET GANZ

How many people actually make resolutions? And, more importantly, what are those resolutions and how many of them are actually kept? Data from the research institute "Statistic Brain" has answered some of these questions. According to their findings, the most common resolutions in America are: 1: lose weight, 2: get organized, 3: spend less, save more. 62% of Americans make these goals, while only a comparably small 8% of these people follow through.

Some ninth grade students shared what they plan to do for the upcoming year. "This New Year's I want to form healthier eating habits and stay committed to exercising. I think I will stick to it because I don't like how unhealthy my eating habits are," said Erin McAteer. Taylor Kiefer also provided her resolution. "My New Year's resolution is to improve study habits and find more time to do things I enjoy."

## Internet Safety

BY SHANNON GALLAGHER

Cold Spring Harbor high school administrators invited four diverse speakers to the high school; all of which were from different professions, but they all had experience looking at teenager's online profiles and making a deciding factor about their future. This presentation was especially important in light of the internet scandal that ripped through Kings Park School District. Administration wanted to ensure optimal student safety while online both in and out of school, because it can have a great impact on a student's future.

10th through 12th grade students listened attentively as four individuals highlighted the impact of social media on a student's future. Mr. Joseph Spallina, head coach at Division 1 Stony Brook University for

Woman's Lacrosse talked about the implications of social media on the athletic recruiting process. Ms. Mary Simmons, Director of Human Resources Consulting for Portnoy, Messinger & Pearl Human Resources and Labor Relations spoke about how social media can help you as well as harm you in the workplace. Ms. Kristen Capezza, Executive Director of University Admissions from Adelphi University (also President of New York State Association for College Admissions Counseling (NYSACAC)) shed light on social media as part of the college admission process. Finally, Officer Sabrina Pitch of the Community Response Bureau of the Suffolk County Police Department discussed the legal aspects of social media.

The speakers all presented a similar message: students need to be

safe online. Everything put online is there forever even once it is delete. Someone somewhere will be able to find it. Also, what is found online can have dire consequences. Colleges are very particular about who they take in. They don't want someone that is a wildcard. If they find any small indication that you may party or might harm the school's reputation they will not admit you. Even something you are not doing can have an effect on you; you may not be drinking but someone in the background of a photo might and that suggests you were involved. Students really have to be careful online and make sure everything posted cannot be twisted and used against them; one dumb mistake online can destroy a person's future.

BY SARAH KOPP

Holocaust Genocide, a club dedicated to discussing international human rights issues, has recently had two guest speakers come and talk about very prevalent current events happening in the world.

The first meeting, on October 26th, featured Jr/Sr High Principal, Mr. Matuk discussing some of the most crucial issues happening in the Middle East. The meeting took students through all the current issues, starting with a history lesson on that area of the world and ending with the most recent refugee crisis news. The exceptionally informative meeting was packed with students and teachers alike, with more than a few students taking notes during the meeting. One student said she thought the meeting was

important because "it was good for people to get more informed about a situation they probably wouldn't know much of otherwise, and hopefully it pushed some to learn more about it."

The second meeting featured Arminee Kazandjian. She discussed the entire issue of the Armenian genocide. Kazandjian, who is fully Armenian, talked about the genocide in terms of her family's experience and the struggles they faced. She explored all the complications surrounding who does and does not acknowledge the Armenian genocide as an actual genocide. The meeting, which was also quite crowded, delved into a lesser known topic in attempt to educate students on something many of them likely did not know much about.

As for the Holocaust Genocide club, according to Ms. Waters, the club's advisor, there "will be additional guest speakers coming to talk to the club," hopefully in the next few weeks. With such thought-provoking meetings involving such passionate guest speakers, the Holocaust Genocide club has been a huge hit amongst students at Cold Spring Harbor.

## CSH Asks

BY SHELBY HERLING

Students were asked, "What is the worst holiday present you ever received?" Here are some humorous responses:

"a rock... in a bag"- Cydney Brown

"I asked for a goldfish and my mom got me a lamp that looked like a fish tank"- Harry Foxman

"used lipstick from my grandma"- Brooke Mohr

"I got a number one mom pen from my brother"-Sophia Taglich

"2 tubs of Gold Bond powder for my shoes... family tried to give a me a hint that my feet smell"-Sheriden Schwertl

# School News

## How to Handle Testing Days

BY JORDY BLAU

Once again school administrators have changed their minds. Starting in September, testing days ran on a six day cycle. Day 1 was dedicated to Science and World Language; day 2 to Math, Social Studies, and Health; day 3 Science and English; day 4 Science and World Language; day 5 Math, Social Studies, and Health, and day 6 Science and English. Art and Music were allowed to test on odd days and FACS, Technology and Physical Education were allowed to test on even days.

At a recent faculty meeting, it was brought to the attention of administration that the new system, not surprisingly, was not working. Mr. Matuk announced, after a discussion with students and teachers that it was better to go back to testing on given days of the week, rather than the six day cycle of testing. The

new schedule is as follows:

Monday: Open to All Subjects except Science, Tuesday: World Language, Wednesday: Social Studies and Health, Thursday: Math, Friday: English, and Science is allowed to test on any day but Monday.

The six day cycle was created to reduce stress on students by making them feel that they are not cramming all of their studying into one night. Most students disagree with the fact that the six day cycle was helpful in reducing the workload. Students felt as though it caused more stress to their lives because if there was a holiday break, or an off day, the six day cycle would confuse them even more. One student believes that quizzes should be on the testing day of that subject since teachers often say that there will be a quiz on a day that is not their given test day. Students think that this is unfair because the quiz ends

up being as long as the test would be and worth just about the same amount of points. Mr. Monastero was asked for clarification as to what defines a test vs. a quiz. He says quizzes are considered to be less than the full period, while tests take up the entire period.

Some students recommended that there should be a test day for electives. English and journalism teacher Mr. Borland thinks that the Monday-Friday system is easier than the six day cycle because a lot of teachers don't follow the six day cycle due to its effect on classes. Other issues that teachers have had with the schedule is that they were unable to offer a regular extra help schedule.

Some students admit that "I didn't pay attention to the test days or the six day cycle. I study for tests when I know I have them and don't focus on the fact that they are on a Tuesday versus a Friday".

## Achieve 3000?

BY ALETHEA FREIDBERG

Too many of the upperclassmen readers don't know what Achieve 3000 is. It is a website used to improve reading comprehension through reading articles that relate to the subject area of the class. Every Jr. High student has been talking about it.

According to their website, "Achieve3000 provides the only patented, cloud-base solutions that deliver daily differentiated instruction for nonfiction reading and writing that's precisely tailored to each student's Lexile reading level." In the hope of providing the students with a more specialized reading experience, the Cold Spring Harbor Education Foundation donated \$21,000 for Achieve 3000.

There have been a lot of mixed reviews since the school first installed this program. English class students voiced their opinions on Achieve 3000.

Not many positive reviews were elicited from the students who were in-

terviewed. Some responses included, "[I don't like it] because it makes you do an assignment that is too complicated and time consuming" commented Bridget Ganz. Her classmates, Nicholas Suter, Brynne Rush and Molly Tuohy agreed with her opinion. Trevor Fallon said that, "There is no point to it." More negative opinions included, "It takes time away from learning actual stuff that you will use in the real world" said Kayla Haas, "because smart kids fool off in it, because nobody tries. It doesn't accurately measure someone's reading."

A few classmates had mixed opinions including Gillian Drexler saying, "I think it's helpful, but it's boring." Similar responses were noted from four other students.

Opinions from an 8<sup>th</sup> grade class varied. The 8<sup>th</sup> graders had two positive, four mixed, and fourteen negative opinions. The responses ranged from, "I think it's good for helping people's reading comprehension and pushing

people to have better vocabulary and to help people understand more about the world" to "terrible is a better adjective to describe it."

On the other hand, teachers are more positive about Achieve 3000 than most students. Ms. Schmieler, HS English teacher says, "[I think it's good] because it gives you reading practice, it's personalized to your reading level and the more you do it, the more your reading levels will improve." Another English teacher, Ms. Martino says, "I think it's good for students and teachers because it shows growth in reading." Board of Education member Mr. Freidberg voiced his opinion by saying, "I think Achieve 3000 is a program that has helped thousands of kids across the country improve their reading and interpretation skills while focusing on articles... They are trying and it seems like these people know what they are doing."

Based on the polls, few students are happy reading a lengthy article and answering poll questions such as "Can technology solve all problems?" That question would have been better said as, "Is technology a good way to solve problems?" Critics of the program say the two options for the poll leave no room for "in the middle answers."

For some students, Achieve 3000 has not improved their reading level in their standards, unlike what teachers think the program should actually accomplish. There are both pros and cons, but it depends on each student.



Cartoon by Madison Ugan

## New Cell Phone Rules Spark Opinions in Students

BY SARAH LYNCH

Maybe you just got a text, or received a Snapchat. Whatever it may be will most likely cause you to want to look down at your phone, or take it out of your pocket. But in Cafeteria B, the rule against cell phones is reinforced during all lunch periods for junior high students.

Many students have different opinions on this matter. "I think that it is not good to have them out," said seventh-grader Alexa Squicciarini. "People should socialize, not be on their phones." Some who disagree include Isabella Vallone. "I think that they shouldn't be taken away," says the seventh-grader. "They should be used, because kids have fun with them." Seventh-grader Alexa Tocante says, "I think that they shouldn't be taken away unless someone's constantly on them or doing something bad."

Students have different reasons for wanting a change. Seventh-grader Bianca Kelly said, "I believe that we should be allowed to use them, because it is our only free time in the day." Another opinion, from seventh-grader Luisa DuMaurier, says, "I want them in the cafeteria. I think we should have a right to use them because the high schoolers get to use them. I think for the 40 minutes each day we should get to use them."

When asked if we should be allowed to have them, seventh-grader Katherine Angelides responded, "Not really. I guess it's fun, but I don't really think we should. I have noticed that my friends and I have a better time when we don't have our phones." Eighth-

grader Allie Lynch said, "I think that texting and calling friends shouldn't be allowed, but studying on Quizlet, or if you need to call your parents for something serious then it should be allowed."

Mrs. Konstantin-akos, a lunch duty teacher, states that "We can't always regulate or monitor what students are doing on their phones."

Another debate is whether the parents should come up to collect the phone, if it has been taken away. Angelides immediately replied, "I think the parents should have to come and get the phones. The kid who got their phone taken away would learn their lesson."

The student handbook states, "Cell phones can be a problem on school campus. Ringing or vibrating cell phones are disruptive during class time."

"The rules haven't changed," says Mr. Monastero. "They have been around for a while. Students are allowed to call home, text their parents, and do their homework with their phones in the cafeteria," he said. In class, you can use them for research if the teacher allows it.

"Most of the time there is usually a warning first," he says, "before you get your phone taken away".

Mr. Monastero stated, "In my eleven years as a vice principal, I have never had a parent complain about the rule." Mr. Monastero clarifies that he is not against technology, however. He pushed to get Achieve3000 and Wi-Fi at the Jr/Sr High School.

With all of the views on the rule, an amendment may be in the future. "We may have a change, but we're still thinking about it," said Mr. Monastero.



9th graders (from front to back) Nick Suter, Sophia Rivadeneira, Gillian Drexler, and Kelly Gallagher using Achieve 3000 in English class.

Photo Credit: Alethea Friedberg

# Alumnus Spotlight

## Former CSH Graduate Inducted into Athletics Hall of Fame

BY EMILY KRUSOS

Wally Szczerbiak, Cold Spring Harbor High School class of 1995, is the school's most famous athlete. The Seahawks' former star was inducted into the Nassau County High School Athletics Hall of Fame on September 30<sup>th</sup>. As a basketball standout, he scored 1,709 points and in his senior year was dominant, averaging almost 37 points and 16 rebounds a game. He captured the Nassau County single season scoring record with 805 points and was awarded the following distinctions for his unparalleled high school career: *Newsday Nassau County Player of the Year*, *LI Sports Long Island Player of the Year*, *New York State Sportswriters All-State First Team*, and *USA Today High School All American*. In baseball, Wally batted a career average of .520 and was the pitcher who led CSH to a state title in his junior year.

Mr. Cacioppo fondly remembers the positive hype and frenzy surrounding Wally's four-years of CSH basketball. People from across Long Island would line up outside the gym in the hope of watching #32 up-close in action, only to be turned away. The gym would be filled to capacity with hoards of would-be spectators leaving disappointed, unable to catch a glimpse of the Seahawks superstar. Inside, for the lucky that did gain admission, the gym was electrified!

Szczerbiak's former high school coach, Kevin Culhane, also has fond memories of Wally. When asked to comment about his ability and character, Culhane raved that, "Wally was a tremendous competitor, a phenomenal athlete, and a better teammate. He was a leader by example, exhibited a solid work ethic, and his sportsmanship was admired by many. Wally was a true pleasure to coach, and deserved his induction." To honor Wally's contribution to the basketball program, his jersey was retired and now hangs framed in the field house for all to admire.

After high school, Wally went to Miami of Ohio and became the 1999 MAC Player of the Year. He then took his game to the NBA as the 6<sup>th</sup> overall pick in the 1999 NBA Draft. The Long Island native played 10 seasons in the NBA for the Minnesota Timberwolves, Boston Celtics, Seattle SuperSonics and Cleveland Cavaliers. He is currently an analyst for the New York Knicks on MSG and a college basketball analyst for the CBS Sports Network. Wally is married to his college sweetheart, Shannon. They have four children and reside in the CSH school district. He graciously granted his alma mater an interview. Following is the Harbor View's list of questions and his thoughtful answers.

### Q: Describe your welcome-to-the-NBA moment.

A: The day I was drafted number six by the Timberwolves my dream to play in the NBA came true. Standing on the stage shaking David Stern's hand in front of my family and closest friends was a moment I will never forget.

### Q: Who taught you the most about basketball?

A: My dad was my basketball idol and mentor. He taught me everything about the game. Growing up I would watch him play with his friends in pick up games. I loved how he was always a fierce competitor no matter who he was playing against and no matter how old he got. He is the best shooter I've ever seen. The guys he played with were also very influential in developing my game to another level. They allowed me to play in their games even when I was young



Wally Szczerbiak poses with Athletic Director Mr. Bongino after winning a Hall of Fame award.

Photo Credit: Mr. Bongino

and playing against people with a greater skill level. I can't thank my dad and all of those guys enough for turning me into a player that could be competitive in the NBA.

### Q: Who is the greatest competitor that you faced on the basketball court?

A: Michael Jordan. I guarded him when he was on the Washington Wizards and even though he was older and his game had slowed down quite a bit, he was still very competitive. In my opinion, he's still the best player of all time and it was an honor to share the court with him.

### Q: What is the most adversity that you have faced in your life and how did you handle it?

A: Injuries. Over the course of my college and NBA careers, I've broken many bones and had several surgeries...A lot of my leg injuries were due to a leg length discrepancy that went undiagnosed for most of my NBA career. I broke my leg in sixth grade right at the growth plate and that caused one leg to be almost an inch shorter than the other. An inch doesn't sound like much, but that led to hip, knee, and ankle problems because it threw my whole body off-balance...If I could have stayed healthy I could've played a lot more years. But I had a good run and I treasure every minute of it.

### Q: Describe the jump from college

### basketball to the NBA. Is it as big a jump as from high school to college?

A: Because I stayed all four years in college, physically I was mature and strong enough to handle the NBA schedule. My coaches and off-season work ethic had my game ready for the next level of competition. Guys that go straight from high school or leave college early may be awesome talents but sometimes they have to grow into their body a little bit more to reach their full maturity... So physically I have to say the jump was bigger from high school to college and that is where I made the biggest leaps in my game.

### Q: Which aspects of your game did you have to work on the most when you reached the NBA?

A: Ball handling and defense were the things I needed to work on the most.

### Q: What is your favorite basketball experience?

A: Playing in the 2002 NBA All-Star game in Philadelphia was a basketball experience I'll never forget.

### Q: What was your favorite subject in high school?

A: Spanish. I really loved Mrs. Fristensky. She was one of my favorite teachers.

Mrs. Fristensky spoke to us about her fondness for her former student, "Wally was always smiling and he loved to speak Spanish. It was extra fun as his dad played for Real Madrid so Wally spoke Spanish at home too. He had a great sense of spirit and was always driven in and out of the classroom. Even though he was obviously a superstar he was still a 'regular' part of his class. I think the world of Wally and I have always been his number one fan!"

### Q: What would you have done for a living had the NBA not worked out?

A: That's a very good question. Not really sure. I'm glad I never had to explore it. Maybe work on TV like I am doing now for the Knicks and CBS.

### Q: How do you think playing baseball impacted your basketball career?

A: I loved baseball as a second sport. I think it's important to diversify your athletics and not focus in on one sport at an early age. Also, I will never forget winning the 1994 state championship at Cold Spring Harbor.

### Q: How has the transition been for you from player to sports broadcaster?

A: Very easy. Speaking in front of the camera comes naturally to me. But it also probably helped that I did a lot of interviews during my college and NBA career. I've enjoyed it so much because it allowed me to stay involved with the game I love.

### Q: What advice do you have for today's young athletes?

A: Have fun playing your sport and enjoy your teammates and the camaraderie that you get through competition. Listen to your coaches; work hard at the things that they suggest that you work hard on because the best athletes are made during practice hours. At the same time don't let yourself become too obsessed at a young age because you run the risk of hurting yourself or getting overall burnout. Enjoy your free time doing other things. Trust me, your mind and body will enjoy the break and more easily focus on your sport once you're back working on it again.



Wally Szczerbiak, pictured wearing the Suns jersey, poses with his Spanish class in 1994 taught by Senora Fristensky.

Photo Credit: Senora Fristensky

# Arts and Entertainment

## FAD Is Not Dead

BY KIARA TIGHE

As a typical elementary school girl at West Side, I followed all the weird fads that seemed to consume the school year after year; Webkinz, Kooky Pens, Rubber Band Animals, Japanese Erasers, and so many others. Sometimes finding all these items was a challenge (it took me 3 months to get my hands on a google Webkinz.) So many stores were so far behind on the trends that by the time they had them in stock, nobody even wanted them. Fad, however, was the one local place that had everything I wanted at the right time, and to my mom's approval, at an extremely low price.

I naturally outgrew the Kooky Pens so there was really no reason for me to continuously go to Fad. After realizing that the store neither changed locations nor went out of business, I would occasionally pass it while driving through town and wonder what they were selling now. I figured no one even shopped there anymore because my 6<sup>th</sup> grade sister never even talked about it and, of all the times I passed in my car, I never saw anyone go in. I thought it was only a matter of time before that big pink artifact of my childhood would be gone forever. That is, until one day my friend and I decided to go back in.

Upon walking in, it was as if I had time traveled back to 2005. Nothing had changed. There were untouched High School Musical, Hannah Montana, and Shrek stickers and, in the back, jewelry that clearly had not been re-stocked since 2001. Although I initially made fun of the amount of dusty and



FAD is located at 415 New York Avenue, Huntington, NY.

blatantly outdated inventory, I found myself begging the manager to hire me and walking out with \$30 worth of merchandise.

Throughout the month of July, my friends and I would go into Fad on a weekly basis. Even though there was literally nothing new, we always found something that we didn't have and most definitely did not need (specifically chokers and assorted Hannah Montana memorabilia). I realized the absurdity of my Fad habit when the owner started to greet me by name. It was time to end the madness.

But what was it that made me, a 17-year-old incoming high school senior, keep going back to a store targeted towards kids 12 and under?

Being a high school senior has so far been one of the most thrilling times of my life. Although the college process has been extremely trying, the prospect of starting a new life next year is as inexplicably exciting as it is nerve-wracking.

Right now, everything is familiar. However, next year everything will be different. I have no idea where I will be this time next year or who my friends will be. As much as I am excited, I am equally terrified.

Fad reminded me of a very specific time in my life. One where I was able to come home from school and not immediately start studying for a math test or finish a long procrastinated social studies outline. Going to Fad was like entering a time warp in which I was able to return to the glory days of Disney Channel. Despite the tone of this column, I do not wish that I was still 11 years old, nor have I shopped at Fad since July. It's just nice to know that in a time where everything seems to be changing, one place has remained entirely the same.

## 'Shining Lives' Shines

BY PETER MARKOTSIS

'These Shining Lives', a play by Melanie Marnich, was performed at Cold Spring Harbor high school on Friday the 20<sup>th</sup>, Saturday the 21<sup>st</sup> and Sunday the 22<sup>nd</sup> of November.

This play is based on the true story of Catherine Donohue (played by Sadie Kalinowska-Werter), who worked in Illinois in a watchmaking factory along with other women in the 1920's, a time period in which it was unusual to see women working. Catherine's job, along with three other women; Pearl Payne (Matti Gellman), Charlotte Purcell (Rachel Friedlander) and Frances O'Connell (Johanna Zenn) is to paint the numbers onto watches for a large company called, "Radium Dial". The four of them grow to be friends over time, and share the joys of working together. That is, until the women begin to notice something odd; their hands begin to glow in the dark. Not only that, but they all start to feel pain. Unsure of what is going on, they seek help from doctors. Every doctor they turn to withhold the truth from them, and they almost run into a dead end until they meet Dr. Dalitsch (Raffi Sanna), who tells them that they have radium poisoning.

This is the story of their struggle to make Radium Dial answer for exposing its workers to harmful substances, and to help save more people in the future from going through their traumatic experience.

Their story is brought to life by the Cold Spring Harbor cast and crew that worked vigorously on the play. The work

the cast put into the play is astronomical. While watching, audience members felt truly a part of the story. The actors made the audience feel as if they were there fighting alongside them to achieve their goals. This play was much more emotionally intense than some of the previous plays that Cold Spring Harbor has performed over the years, and the actors rose to the occasion brilliantly. The cast seemed to effortlessly portray every aspect of their characters. The frustration of Catherine and her coworkers, the guilt of Mr. Reed (Oskar Bros), the employer of the women at Radium Dial, the genuine care of Leonard Grossman (Alex Grey) for the workers that he worked on the case for, Tom Donohue's (Nick Tesoriaro) love and support for his wife, and all other emotions were portrayed as genuinely as genuine can be. It has been a long time since someone felt completely immersed in a school play, until now.

The crew that worked behind the scenes also performed their job excellently. Led by the incomparable Brittany McGowan and Shannon Gallagher (stage manager and assistant stage manager respectively), the crew was efficient and precise in their task of creating the setting for each scene of the play. The cast and crew always knew what to do, and got into place quickly, without taking attention away from the story. The set was marvelously made, featuring a large, glowing watch face as the centerpiece of the stage, along with a beautiful curtain which had tons of glowing "stars" all over it that truly made the setting shine.



From left to right: Nick Tesoriaro and Sadie Kalinowska-Werter

Photo Credit: Brittany McGowan

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Letters can be emailed to:  
[cshharborview@gmail.com](mailto:cshharborview@gmail.com)

# Harbor Views

## Honestly, I Don't Care If White Gowns Are Pretty

BY ALEC ISRAELI

Scrolling through my Facebook newsfeed recently, I came across a post that really resonated with me. It read, "When you're accustomed to privilege, equality feels like oppression." It describes perfectly the reactionary backlash that many social justice movements face—claims that affirmative action is reverse racism, that same-sex marriage grants special marriage privileges to same-sex couples, that women entering the workforce will be detrimental to men already there. The list of such examples could go on and on. And an obvious one sits right before us at Cold Spring Harbor High School: the backlash against getting rid of gender-divided graduation gown colors.

Most people enjoy the privileges of being cisgender, that is, having a gender identity that conforms to their sex assigned at birth. We live in a world where being cisgender is the norm, where being cisgender is assumed. And, to a certain extent, this is not problematic, as the vast majority is indeed cisgender. But such a world poses problems for transgender people, who do

not identify with a gender that conforms to their sex assigned at birth, as well as genderqueer people, who do not identify with the traditional gender binary of male and female. Such people are only now coming out to a hostile world that constantly refutes and challenges their gender identity. So I ask my cisgender readers to imagine a world where they are constantly addressed as the opposite gender, despite their own personal identity. Imagine the psychological toll this would take, how uncomfortable, how frustrating, how painful, this could be.

This is the struggle that non-cisgender people face every day.

They are in a position of constant oppression, not being able to enjoy cisgender privilege. Even in a public school, meant to be a great equalizer and a safe space for all students, they face this struggle. On graduation day, a day meant to celebrate years of hard work and academic achievement, their identity is challenged. They cannot necessarily choose a white or blue gown to demarcate female or male; the two colors force them into gender conformity that feels very unnatural. Again, I ask my cisgen-

der readers to imagine a world where they face this struggle. Imagine, if you are male, that on graduation day you must walk past all your relatives and receive your diploma in a dress you were forced into, or if you are female, a suit and tie. Sounds outrageous, does it not? To have your personal identity challenged in front of all who are celebrating your academic achievement, which is something totally separate from gender identity?

And so, if academic achievement is indeed separate from gender identity, why must we stress a division of gender on graduation day? One may respond, as many have, that blue for boys and white for girls is tradition. Yes, it is. So was male-female marriage. So was the diminutive role of the housewife. So was systemic discrimination towards African Americans. A lot of things, a lot of oppressive things, were once tradition. But traditions change. Just because something was done in the past doesn't justify its continuation in the present and future. Traditions can be good. But any tradition that oppresses must be done away with.

One may argue that the gowns for the ma-

majority must not change for a small minority of students. But those who claim this forget that it is much easier to put on a different colored gown than it is to change one's gender identity. Gender identity is something innate; which gown you zip on is not. So, the burden of adjustment falls not upon those who cannot alter their state of being, but those who can. For the good of their fellow students, cisgender graduates should thus be willing to wear single color gowns. Honestly, I don't care if you think white is pretty for girls and blue is handsome for boys. That is irrelevant in a time when we are trying to rid ourselves of such petty gender divisions. When you graduate, you are part of a group in which gender is immaterial. All have worked equally hard to graduate, and for a moment before going off on their own, all are united. So why push for more division?

Now, I ask my cisgender readers to consider the Facebook post at the beginning of this article. Before going on and saying that conformity in gown color oppresses the traditionalist majority of students, think about your position of privilege. Think about what must be done for equality.

## Serving Up A New Perspective

BY SARAH JONES

Lunch. One of the more favored periods in a student's schedule. All you have to do is line up, state what you would like to eat, say "thank you," and pay. It's such a quick and easy process that one never gets to think what it's like to be on the other side of the counter.

On December 3rd, I had the chance to sit down with three of CSH's lunch ladies on their "lunch break." Questions were asked, laughs were shared, and a refreshing experience occurred. Our conversation only lasted about 15 minutes, but after speaking with these lovely ladies, I have a whole new concept of how our school can be viewed.

Going into this interview, I didn't really have a game plan. I had written down lots of questions that I wanted to ask Ms. Ana, Ms. Marisol, and Ms. Lauren, but I wasn't aiming to just read my bullet points off a page; that seemed too dull. I was just interested in what opinions these ladies had, their likes and dislikes. I just wanted a casual, yet informative conversation and I'm happy to say these three exceeded my somewhat unorganized expectations.

I walked into the

cafeteria and immediately was welcomed to the table situated in the far right of the lunch hall. Ms. Ana, Ms. Marisol, and Ms. Lauren were all sitting there with a nice display of three salads and three smiles.

Had they noticed that students had changed in any sort of way? "Over the course of the time I've been here yes. The classes are much bigger... I think that now, this generation is a little more sassy... a little more outspoken, not so much towards us but I think more towards their own peers. Cutting the line, pressuring other people to buy items for them, things like that." Ms. Lauren says.

What was their favorite part of the day? "The morning when I first get here, it's the quietest we all get our cup of coffee to start the day."

What's their favorite thing to make? "Me personally (Ms. Marisol), I like to make my pizzas. Ana loves to make her Mexican soup. I'm Italian (Ms. Lauren) she's Spanish so we're passionate about our cultural food... We put our love into it!"

I was listening back to the recording I had taken of our recent conversation and there was one answer that stood out from the rest. It possibly could have been the simplest and broadest question

in this interview, but I found the reply to be quite special.

What was Ms. Lauren's favorite part of the school? "The people... everybody; staff, students, faculty... everybody." While answering my question Ms. Marisol and Ms. Ana nodded their heads in agreement.

This was my favorite reply just because there was absolutely no hesitation, no "Hmmm let me think about that." Ms. Lauren replied so instinctively and so automatically that I just smiled and quickly moved on to the next question, not realizing in the moment how important her answer was.

This might not seem like much, but to have such an instantaneous response like that was refreshing. If you think about it, in a day as students, we will only talk to one member of the lunch staff and it usually starts with "Hi could I get..." and ends with "and a pickle too, please. Thanks." We never engage in a real conversation like I was fortunate enough to recently.

It's kind of ironic how I've been at the high school for five years now, and I've talked to the lunch staff every school day that I've attended. Five years and I have just recently introduced myself and truly met them.



Cartoon by Madison Ugan

## Holiday Birthdays

BY LUISA DUMAURIER

On average, kids get 10 or more Christmas gifts every year, but it can be different when you have a birthday in December or January. When you have a birthday so close to the holiday season your family doesn't necessarily want to get so many gifts for you on top of what you got for your birthday. Out of 12 students asked who had birthdays close to a holiday in December, 10 of them said that they think they get less Christmas/Hanukkah gifts or birthday gifts due to the closeness. 7th grade student David Brown said that he definitely gets less gifts due to his birthday being one day after Christmas. Another 7th grader, Jack Stollow celebrates both Hanukkah and Christmas. He said that he gets less gifts but some people try to give him gifts that count as both Christmas, Hanukkah, and his birthday. Birthdays are a time to make someone feel special. Birthdays in close proximity to the holiday season should be treated as any other birthday throughout the rest of the year.

## Red Cup Controversy

BY OLIVIA TORREY

As a Starbucks consumer for many years, I have seen their annual red cups. In the past years these cups have had snowflakes, snowmen, Christmas tree ornaments, trees, and many other "chilling" designs.

However, this year the Starbucks annual red cup was just a plain red cup with their logo on it, stirring up a lot of controversy between Starbucks customers. Many people felt that Starbucks is taking away the Christmas message from the holiday season. Some people are even going as far to say that the company hates Jesus. Joshua Feuerstein, an Arizona-based evangelist, internet and social media personality, posted a Facebook video in early November, saying, "Do you realize that Starbucks wanted to take Christ and Christmas off of their brand new cups?" He also tried to start a movement by

telling people to use the hashtag, #Merry-ChristmasStarbucks, to criticize the company.

According to the Washington Post, Donald Trump even weighed in on this issue and suggested boycotting Starbucks. Although many used hashtags to express their anger over the new design, other customers started the hashtag, #Itsjustacup, to declare the debate irrelevant and call for a focus on other world problems that seem to be more important.

It is just a cup, after all, and people should not get so worked up about this issue. However, the thought that "Merry Christmas", or other Christmas designs on the cup might make people feel discriminated against based on their religion, is understandable. By creating a blank cup, I think that Starbucks is showing that they don't favor one religion or race over another.

# Sports

## Bring It On

BY GILLIAN DREXLER

As the days grow shorter, and the leaves turn to a golden brown, another Cold Spring Harbor tradition returns. For almost forty years the Cold Spring Harbor gymnastics team has achieved countless accolades. Coaches Terri Kindelmann and Brittany Carlson will take the reins and will work to defend the well-deserved number one ranking in the second conference achieved last year.

The fourteen girls on the team have already put in many hours preparing for the first competition which was held on December 14th against defending county champion, Massapequa. The team had a solid meet and was a great first experience for the three new 7th grade team members, Skylar Basso, Lily Hetherington and Skye Schlanger. Coach Brittany Carlson is very optimistic about the team's chances. She has been giving the girls strength training exercises, high interval cardio workouts, and endurance routines. "The team is hoping to qualify for team champi-



Gymnastics team practicing

Photo Credit: Gillian Drexler

onships and to win conference two" says Coach Terri Kindelmann. Coach Terri is hoping for some girls to make the state individuals.

This year, all-arounder Shannon Fay will return and strive to make state individuals like she did last year competing on bars. Although captain Lindsay Herling is currently injured, she hopes to make a full recovery to compete all-around on the events at the end of the season. When asked about the season ahead, Lindsay stated, "the main goal is to be successful and get to County Championships".

Lindsay has been helping the girls create routines for the events in which they will be competing on. Last year, Lindsay Herling and Shannon Fay had scores that qualified them for state individuals. Coach Terri Kindelmann believes that her current group of athletes will be extremely competitive and highly lauded.

The girls' gymnastics team's schedule is available on the school website. Come out and see these very talented girls, especially on January 18 where all proceeds will be donated to the Cystic Fibrosis Foundation.

## Seahawks Shootin' Hoops

BY CAROLINE KIERNAN

The Lady Seahawks are looking forward to a great 2015-2016 season. With senior captains, Caroline Kiernan, Katie Hudson, and Lauren Spinato, otherwise known as the trifecta, the team is equipped with great leaders. Another trifecta on the roster this year is the three

freshman Sophia Taglich, Caroline Debellis, and Nikki Mormile. Although very young, these three are expecting to contribute big things this year. The middle men are sophomores Samantha Beroza, Katherine Buonfiglio, and first year, Chloe Seccafico and juniors Hailey Albers and Vera Simmons. Despite injuries, the girl's rallied and won

the inaugural Russ Tietjan Harborfields Tournament defeating host, Harborfields in the Championship.

Coach Rory Malone says, "It was a great start to the season and we are looking forward to more big wins in the future." The Seahawks had their league opener against Locust Valley on December 18th. The team moved the ball well with efficient passing and were able to secure the win with a score of 50-28. The Seahawks look forward to starting league play on Wednesday, January 6th when they will matchup against Wheatley High School. Over the upcoming break you will not see the team in the gym because they will be traveling to Phoenix, Arizona to play in the 16th Annual Cactus Jam tournament.



Coach Malone discusses strategy during a time out.

Photo Credit: Caroline Kiernan

## Icy Forecast

BY WILL SHEPHARD

The high school hockey season is in full swing and although the season has started as a rough one, the Seahawks are trying to stay positive. The team is extremely young containing mostly freshman and sophomores and have very little veteran leadership.

The Seahawks contain only one senior on the roster, Brian Cooleen. Seahawks lost a lot of leadership at the end of last season

graduating 9 seniors.

The sophomore class has a name to keep an eye on, Jack Hetherington. The sophomore is an extremely talented young player and has some good genes as his cousin, Kevin Lohan is currently a student-athlete at the University of Michigan.

The outcomes may not be what fans want this year but this team has a lot of talent that has yet to be developed. In a few years the Seahawks should be soaring

above the competition. The Seahawks will be keeping the entire roster intact, minus Senior Brian Cooleen. This can be huge for the Seahawks as the young squad will have another season to play as a whole and gain even more chemistry.

Don't look now but this team has an ample amount of potential and in the upcoming seasons it has a chance to glide through the completion.

## Hawks Fly Together

BY MCLEAN CARLIN

It's the dawn of a new era for Cold Spring Harbor boys' basketball. The program has really made some waves these last few seasons, getting wins over larger schools such as Glen Cove, North Shore, and in their first game of the 2015-16 season John Glenn. This season is going to be much different than the past few without pure scorer, Wes Szajna. Without a sole offensive weapon it allows the Seahawks to open up the floor more and "spread the sugar". This year's roster is jam packed with talent at all five positions.

Anchoring down the paint are senior Todd Hindman and freshman Jack Vavassis; both are extremely long and tremendous rebounders. Rounding out the back court are ju-

niors Matt Liccardi, Reese Grossman and senior Luke Doyle. Doyle is 3-point specialist who is very dangerous to other schools when he spots up behind the arc. Reese Grossman has taken the scoring load this season and is averaging 17.3 ppg through four games. Liccardi is the point guard who gets everyone involved with is flashy passing and high basketball IQ. The bench is also much deeper than it has been in the past. There are only two players on the roster with significant varsity basketball experience. Coach Mercurio commented, "This is the best team we've had since I've arrived." Hopes are high as the Seahawks try to make a deep playoff run after they fell short against Malverne last season. With this talented young roster, their chances are looking good.



The varsity fencing team practices in the New Gym.

Photo Credit: Brittany McGowan

## En Garde!

BY COLLEEN CURRY

Cold Spring Harbor's varsity fencing team is typically the smallest winter sport team at CSH. However, this year the team was met with several new fencers all eager to learn the sport, along with returning members who are looking forward to this upcoming season.

The sabres have a few new fencers, such as freshmen Payton Odierno and Maxx Kipness. Returning members include Trevor Fallon, Brianna Weinstein, Logan Vegna, Giavanna Ferrandino, and Colleen Curry. Both Colleen and Brianna advanced to individuals last year and are hoping to return along with their fellow sabres following this coming season. The sabre uses the process of right of way to determine who scores the touch in a bout and it is quite often the fastest of all the bouts fenced during a meet.

The foils took the biggest hit in terms of a lost member, with only one experienced fencer returning. Ariella Minkovsky leads

the foil squadron, including freshmen Alex Sousa, Zack Martin, sophomore Kira Corcoran, and junior Olivia Zerbo. Much like the sabre, the foil uses right of way as well, but it is more relaxed, and a lot similar to épée bouts in the sense that it is more precise in terms of accuracy.

The épées are comprised of junior Katie Davis, sophomores Tyler Varachii, Leo Trippen, Sara Kopp and Madison Ugan, and freshman Stephen Davis, Kyle Van Dyk, and Spencer Spry. Both Katie and Tyler qualified for individuals following last season, and are helping to train the new fencers to experience success on the strip. The épées are known for fencing at a much slower rate, often taking time to assure themselves that their actions will guarantee them the touch.

This upcoming season appears challenging for the team, which is primarily comprised of newcomers, but with multiple athletes that have experience in the sport the outcome is yet to be predicted.